

# Food Drive for the ASRC Foodbank



Thank you for making a difference to people seeking asylum by providing one of the most basic human rights: food. ASRC Foodbank currently provides free groceries to around 1000 people every week, most of whom have no income and no work rights. EVERY donation makes a difference.

## TOP 10 MOST NEEDED ITEMS

1. tuna in oil *400g*
2. tinned tomatoes *400g*
3. raw, unsalted nuts
4. honey *small bottles*
5. spices *turmeric, cumin, chilli*
6. dried fruit
7. disposable razors
8. dishwashing liquid *500/750ml*
9. shampoo +conditioner *350/400ml*
10. laundry powder *1kg max*



inquiries (03)9326 6066  
email [donatefood@asrc.org.au](mailto:donatefood@asrc.org.au)

**Please note that the ASRC does not need baked beans, tinned soup or tinned spaghetti.**