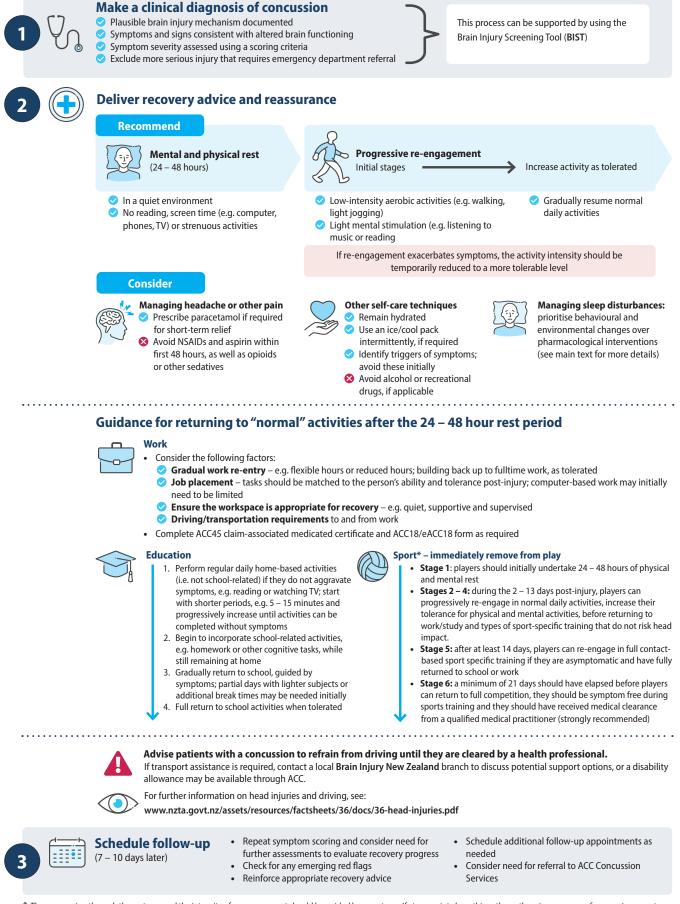


The rest to re-engagement strategy for managing patients with concussion in primary care



* The progression through these stages and the intensity of re-engagement should be guided by symptoms. If at any point along this pathway there is recurrence of concussion symptoms, the patient should return to the previous step. People should not return to sport unless they have fully returned to work/education, if applicable. This guidance has been updated since the initial publication date based on the 2023 ACC concussion guidelines for community sport, available at: https://www.acc.co.nz/preventing-injury/sport-recreation/concussion-in-sport/
Abbreviations: ACC, Accident Compensation Corporation: CNS, central nervous system: NSAIDs, non-steroidal anti-inflammatory drugs.