

# SEASON OF CREATION

## SEPTEMBER 1ST - OCTOBER 4TH

### TO DO LIST!

### 34 THINGS FOR 34 DAYS

Read a book  
about nature

Home-make  
something

Take a <4  
minute  
shower

Attend a class  
or workshop  
about how to  
care for  
creation

Turn off all  
lights/  
electronics  
by 7pm

Start a worm  
farm or  
compost

Turn off the  
water when  
brushing  
teeth

Watch the  
sun rise or  
set

Perform  
random act  
of kindness

Speak up  
about an  
issue

Recycle your  
soft plastics  
at Woolies or  
Coles

Pray outside

Clean  
without  
chemicals

Recycle  
batteries at  
Aldi

Watch a  
nature doco

Take a 'nude'  
lunch to  
work or  
school

Make a  
vegan  
breakfast

Make a  
vegan dinner

Wear  
something  
second-hand

Plant  
something

Carpool/  
walk/ride to  
work of  
school

Buy your  
fruit and  
vegetables  
locally

Research the  
'market forces'  
website and  
engage in a  
campaign

Research the  
Aboriginal  
country you  
live on

Switch to a  
water-saving  
shower head

Go for  
a walk and  
pick up  
litter

purchase  
'green  
Power'

Use an  
alternative to  
cling-wrap for  
your leftovers

Take a  
refillable bottle  
to work or  
school

Switch to a  
bamboo  
toothbrush

Stargaze

Use the 'shop  
ethical' app to  
help purchase  
an item

Have a meat-  
free day

Make a  
vegan lunch