

Circular 011:07:20

To: Club Presidents

Cc: Club Secretaries

From: Emma Atkins – General Manager, People

Date: 22 July 2020

Subject: Health Alerts for Members and Clubs: Coronavirus (COVID-19) Update

Action: Review, act and disseminate information as relevant

For additional details on this Circular please contact:
People on 03 9676 6912 or email healthalerts@lsv.com.au
Circulars are available at www.lsv.com.au/circulars

We thank you for your continued cooperation and support in what has been an extremely challenging time for all the community.

Background: In December 2019, cases of a viral pneumonia caused by a previously unknown pathogen were reported in Wuhan, Central China. The pathogen was identified as a novel coronavirus (technically named SAR-CoV-2, and referred to as COVID-19).

Health Alerts for Members and Clubs: Linked to this circular is the [LSV Health Alert](#)

Latest restrictions: Please see Statement from the Premier from 7 July 2020

<https://www.dhhs.vic.gov.au/updates/coronavirus-covid-19/statement-premier>.

For additional information regarding the new restrictions, please refer to

<https://www.dhhs.vic.gov.au/updated-restrictions-1159pm-wednesday-8-july-covid-19>

<https://www.dhhs.vic.gov.au/victorias-restriction-levels-covid-19>.

<https://www.dhhs.vic.gov.au/updates/coronavirus-covid-19/face-coverings-1159pm-wednesday-22-july>

- If you live within metropolitan **Melbourne or Mitchell Shire**, you must wear a face covering whenever you leave your home, unless an exception applies. A face covering needs to cover both your nose and mouth. It could be a face mask or shield.
- These new rules won't be enforced until after 11.59pm on Wednesday 22 July. If you live in metropolitan Melbourne or Mitchell Shire it is recommended you start wearing a face covering as soon as you can.
- If you live within metropolitan **Regional Victoria**, it is recommended that you wear a face covering in a regional area if you leave your home and are not able to keep 1.5 metres away from other people, like when you are shopping.
- You should not travel into metropolitan Melbourne or Mitchell Shire unless it is for one of the three reasons permitted to travel into this area. If you do have to go to metropolitan Melbourne or Mitchell Shire for one of the three reasons – shopping for food and supplies, medical care and caregiving, and education or work, if you can't do it from home – you must wear a face covering unless an exception applies.

In terms of what this means for Life Saving Clubs, the LSV team will be working to provide advice for **Club activities**, please refer [LSV Activity Guide](#) for latest advice and the provision of an updated Health Alert (above).

If you have any questions in relation to the above, please email healthalerts@lsv.com.au.



Information Release

We appreciate club and members patience as LSV Council executives and staff work through the planning and information for the current period and season ahead, please see update regarding release of information to Clubs.

- Communications to Club Presidents, Council delegates will be provided via email this week, providing update on relief information, guidance on membership updates and scheduled planning release dates.
- Templates and guidelines will be released progressively to clubs week commencing 27 July 2020.
 - Return to Training – release available [Health Alerts page](#)
 - Return to Club – planning underway for release
 - Return to Junior Activities (Nippers) – planning underway for release
 - Return to Lifesaving – planning underway for release
 - Return to Sport – planning underway for release
- Briefings for Club Presidents and Council delegates to commence week 5 August 2020, including status updates and proposed dates, pending restrictions for activities for 2020/21 season.
- Resources including plans, checklists and signage is available via the [Health Alerts page](#)

Support in Challenging Times: With the pandemic's ongoing impact on our lives, including work, personal and volunteering, our mental wellbeing will become an even greater challenge. Make sure you check in and stay connected.

If you or your members need help during this time, we encourage you to speak with family and friends, and you can call the support services below:

Lifeline Australia: 13 11 14 | Beyond Blue: 1300 22 4636 | Life Saving Victoria – please contact LSV comms directly.

If members or individuals have any immediate concerns for their own or others wellbeing, LSV does recommend seeing a local GP.

Welfare resources are available via www.lsv.com.au/healthalerts including information on talking to younger members, and immediate response to trauma/loss. If you have any questions that aren't detailed in any of the communications, please email our Pandemic Management Team at healthalerts@lsv.com.au

LSV is also running a number of webinars and development sessions, including a session each Monday lunchtime on mental wellbeing. Please see further details www.lsv.com.au/memberpd

