



Circular 015:07:20

Club Presidents

To: Club Secretaries

M&LD Delegates

Cc: All Members

From: Emma Atkins – General Manager, People

Date: 22 July 2020

Subject: Member Development Opportunities

Action: Review, act and disseminate information as relevant to members

For additional details on this Circular please contact: People on 03 9676 6912 or email learning.development@lsv.com.au Circulars are available at www.lsv.com.au/circulars

New online Member PD Series

Mental Wellbeing Monday
Monday 27th July @ 12pm
Mental Transition – Its ok to be
uncomfortable
With Dean Casamento,
Melbourne Corporate Health

Next Week - Week 7 Sessions

Club Captains

Chief Instructors

Leadership Tuesday
Tues 28th July @ 7pm

Legacy & your own personal
trademark

Start with the end in mind, creating
your personal legacy piece.
with Gavin Mahony
Leading Teams

Skills Development Wednesday
Wed 22nd July 7pm
Impactful Nippers Delivery
Helpful Tips and Ticks for Age

Impactful Nippers Delivery
Helpful Tips and Ticks for Age
Manager Tips and assistants
with Natalie Ashdown,
Waratah Beach SLSC

See release of calendar for next 4 weeks for latest Calendar; HERE

LSV is pleased to continue to provide our People with relevant development and networking sessions, to provide information, tools and strategies that can be utilised now and long into the future!

Schedule and Topics:

Broad scope of topics that are relevant to our members, provide pathway insights and practically assist you in preparing for the season ahead. The sessions will be delivered by a variety of facilitators and subject matter expects, within our membership, community and business.



#INTHISTOGETHER

Each session will run for approx. 30 - 45 mins, where we aim to build skills, provide information, insights and the opportunity to ask questions and learn.

Recordings and schedules available on the website: https://lsv.com.au/memberpd/



Stream Registration:

Once you register for the specific series stream you will receive a link to the Microsoft Teams session, this link will continue throughout the series and you will receive a reminder prior to each session.

You can opt out and back in at any stage.

1. Stream One Mental Wellbeing Mondays Registration: HERE

We recognise that taking a holistic approach to mental wellbeing is more important than ever, this series will cover a range of topics to assist you in staying well and proactively looking after your wellbeing.

The series will be delivered each Monday at 12pm, with an aim to kick of the week on the right note.

2. Stream Two Leadership Tuesdays Registration: HERE

The Leadership stream will deliver Leadership topics across Club Leadership, Team Leadership and your own Leadership. This will include tools, tips and insights on a range of relevant topics.

The series will be delivered each Tuesday at 7.00pm and will run for approx. 30-45 mins.

3. Stream Three Skills Development Registration: HERE

Skills development Wednesday will focus on building and refreshing skills across a range of topics to prepare both for the season ahead and build you own skills.

The series will be delivered each Wednesday at 7.00pm and will run for approx. 30-45 mins

LAST CHANCE TO REGISTER



Blue Connections Session 20 Online – 'Critical Thinking with Kel Board BM OAM

Session #20: Critical Thinking - The Tham Luang Cave Rescue

Keynote Speaker: Leading Senior Constable Kel Boars BM OAM - AFP

Date: Thursday 30th July 2020 @ 7pm via Microsoft Teams

Session Registration: HERE

Session Overview

Please join us online as we hear from Leading Senior Constable Kel Boars BM OAM, Australian Federal Police (AFP) who will present the remarkable story of his

involvement in the 2018 Tham Luang cave rescue of twelve members of a junior soccer team, aged eleven to sixteen, and their 25-year-old coach.

Kel will outline the events of the Tham Luang cave rescue from July 2018. As one of the 6 members of the AFP dive team that attended to assist in the rescue efforts, Kel will talk about the team involvement and touch on the concerns, equipment used, fatigue management, mental health, self-care and resilience.

Kel will also take the opportunity to talk about what the team actually did and how they operated, discussing the rescue as it occurred to dispel some of the myths and confirm some of the truths of the operation.

Lastly Kel will be touching on a little bit of his personal perspective, fears, and realisation of what had been accomplished and how we can all learn to improve our own resilience and critical thinking.



FEMALE LEADERSHIP NETWORK

READY 2 LEAD (R2L)

INTERMEDIATE FEMALE LEADERSHIP PROGRAM

Life Saving Victoria is working diligently to stay connected and pivot to deliver our programs to meet the needs of our people with varying and new programs and opportunities.

A such, we are excited to announce the launch of Ready 2 Lead online, our intermediate female leadership program for 2020.

FEMALE LEADERSHIP NETWORK

This program offering is for new and emerging leaders who are looking for new inspiration and ways to enhance their skills and attributes to both help develop themselves and the people around them

We are excited to announce the launch of Ready 2 Lead online, our intermediate female leadership program for 2020.

This program offering is for new and emerging leaders who are looking for new inspiration and ways to enhance their skills and attributes to both help develop themselves and the people around them.

Presenters for this program have been sourced to specifically meet the needs of LSV members and will provide participants with fresh motivation, new insights and skills to help excel and support them with their leadership aspirations.

People that may be interested in applying for this program include but not limited to Club Captains, Patrol Captains, Age Managers, Committee Members, Club Delegates and Junior Coordinators.

For Further information check out circular

Program Commences Tuesday August 19 through to Tuesday September 29.

Location: Online delivery through Zoom and Microsoft Teams

Session Time: Evening Sessions 7.00pm start (approx. finish 8.30pm)

Program Registration

FLN Members - \$50 / NON Members - \$65 (which includes seven online sessions)

https://www.trybooking.com/BKKHM

Registration closed 12 August 2020

FLN Round Table #3: Thurs, 6 August 2020 @ 7pm [1-hour] (online)

The 4 Components of Emotional Intelligence

Host: Sam Dwyer

Register https://www.trybooking.com/BKNWM (note this session is open to a maximum of 20 people)

Session Overview:

Sam Dwyer will be hosting FLN Round Table #3 on August 6.

Sam will discuss the 4 Components of Emotional Intelligence - She will talk through which components can be developed and compensating for those that can't.

This informal yet very informative and interactive chat with Sam, will provide you with an opportunity to ask questions and interact with other round table participants.







DOING SPORT DIFFERENTLY WEBINARS AND RESOURCES

Vicsport, <u>VicHealth</u> and the <u>Centre for Sport and Social Impact</u> (CSSI) at La Trobe University have partnered to create a webinar series called *Using the Doing Sport Differently Principles to Restore Confidence in Grassroots Sport.*

This page contains resources which can be used to support and inspire sport clubs and associations to Do Sport Differently during and after COVID-19.

How you can use this page and the resources:

- Download the summary resource to read about how the doing sport differently principles can inspire innovative approaches during this challenging time.
- Watch or download the videos used in the webinars
- · Listen to the audio replays of our expert panel discussions
- Why not run your own local webinar or meeting? Pick a topic, play one of videos and brainstorm ideas within your sport or local area.

For further details and link to webinars https://vicsport.com.au/dsd-webinar-resources

SUMMARY RESOURCE

Click here to download the summary resource on how Doing Sport Differently might look during this time.

WEBINAR 1- RESTORING CONFIDENCE: ENGAGING PEOPLE BACK INTO CLUBS

The video featured in the first webinar and including CSSI Research Fellows Kiera Staley and Lauren Thorn can be downloaded via Dropbox here and is also available via the Vicsport YouTube channel.

This video covers:

- How to engage members in a meaningful way
- What is co-design
- How to co-design solutions with your members

WEBINAR 2- RESTORING CONFIDENCE: THE CLUB EXPERIENCE

The video featured in the second webinar and including Dr. Erica Randle, Dr. Emma Seal and Dr. Paul O'Halloran from the Centre for Sport and Social Impact can be downloaded via Dropbox here and is also available via the Vicsport YouTube channel.

This video covers:

- What is customer experience
- The 5 key customer experience touchpoints for sport clubs
- How to create a great customer experience

WEBINAR 3- RESTORING CONFIDENCE: THE CLUB EXPERIENCE

The video featured in the third webinar and including Dr. Erica Randle, Dr. Emma Seal and Dr. Paul O'Halloran from the Centre for Sport and Social Impact can be downloaded via Dropbox here and is also available via the Vicsport YouTube channel.

This video covers:

- Why confidence is important in sport
- How to build the confidence of new participants





AFAR Ahead (August 2020 Onwards)

Following the success of the AFAR PD series during Lockdown 1.0, LSV is pleased to announce the continuation of this series providing FREE PD to industry personnel, which will move to a fast-paced monthly session.

The sessions will be held on the 2nd week of each month – commencing 12th August 2020.

The sessions will be divided into three streams:

- 10am-10:30am Safety & Operations
- 10:30-11:00am Swimming and Water Safety Education
- 11:00-11:30am Leadership

You can view the session schedule HERE

For more information or to attend: https://lsv.com.au/pool-safety-services/afar/

Inclusion and Diversity Events and PD

On demand: Play By the Rules:

<u>Exploring equity, emotional wellbeing and collaborative approaches to return to community sport</u> – Professor Simone Fullagar explores the role sport organisations can play to address the potential of coronavirus (COVID-19) to worsen inequalities in participation, volunteering and decision-making across a range of sport roles.

• On demand: Sport and Racism

Q&A this week discussed the topic of structural racism and sport, as did the Outer Sanctum podcast last week. The Outer Sanctum episode is titled Rethinking the System and also features an interview with Dr Kate Hall – the head of mental health and wellbeing at the AFL.

