

# MHCC ACT Training Grant

## About These Grants

It is with pleasure that MHCC ACT is offering the opportunity for 3 organisations (including community groups) to receive mental health training to the value of \$1000 each. These grants are for small to medium sized organisations whose participants identify as being part of a marginalised or minority group.

As the peak organisation for community mental health service providers in the ACT a key purpose of our work is to foster the capacity of organisations to support people to live meaningful and dignified lives.

In offering these grants MHCC ACT is helping build mental health literacy in the ACT community and better equipping staff and volunteers to support people with mental health challenges.

Research shows that people who feel marginalised or identify as being part of a minority group are at greater risk of mental illness and death by suicide. Many of these people feel best supported by organisations which specialise in the needs of their population group or by participating in targeted programs and activities. MHCC ACT is aware that budgets can be tight for these organisations and often there is limited funding for professional development.

## What are the training grants for?

Each grant entitles the organisation to a voucher for \$1000 worth of training provided by MHCC ACT. Each voucher will be valid for 12 months (with the possibility of an extension to 18 months). It can be used flexibly over the 12 month period – eg. to access multiple courses by different staff members or the same course by several staff members.

## What sort of training does MHCC ACT provide?

MHCC ACT offers training in areas which equip participants to work with people with mental illness or at risk from suicide. While we are constantly developing and finetuning our offerings, the following list gives an idea of the sort of opportunities available:

Trauma informed care  
Suicide intervention  
Motivational interviewing  
Alcohol and other drugs

Codesign  
Writing support letters  
NDIS

## How many training grants are available?

Three grants (maximum of one per organisation or community group).

## Who is eligible to apply?

Your organisation or community group must meet both the following criteria:

1. A small to medium sized<sup>1</sup> NFP NGO organisation or community group which is based in the ACT
2. Your main participant group could be described using terms such as: diverse, minority, marginalised, and/or at risk. Some examples include, but are not limited to, ATSI, LGBTIQ+, CALD, refugees, prisoners and ex-prisoners, survivors of domestic violence, etc

## Selection criteria

MHCC ACT will use the following selection criteria to decide which three organisations to award this training grant to. We will be looking for a balance between the need for training and the resulting benefit. In no more than 500 words (total) please answer each of the following three questions:

1. What is your organisation about and what do you do? For example, you could include programs, values, goals, governance, history, future plans, feedback and outcomes.
2. How would a grant to access training of the sort offered by MHCC ACT make a difference to your organisation and benefit its participants?
3. What other things would you like to add in support of your application?

## Decision making process

The decision will be made by a panel chaired by MHCC ACT and announced at the Mental Health Month Awards Ceremony in October 2020 (date to be notified). Only complete applications from eligible organisations will be considered.

MHCC ACT has absolute discretion in deciding which three organisations or community groups it awards these three grants to.

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<sup>1</sup> MHCC ACT is applying the Australian Charities and NFP Commission definition of small and medium whereby

- Small = annual revenue less than \$250,000
- Medium = annual revenue greater than \$250,000 but less than \$1million

## How to submit an application

There are two ways to submit an application for this training grant:

EITHER

1. If you are using the Mental Health Month Awards application form follow the instructions and submit accordingly.

OR

2. If you are submitting your application separately to the Mental Health Month Awards form you must email<sup>2</sup> the following information to [communications@mhccact.org.au](mailto:communications@mhccact.org.au) by the deadline:
  - a. Contact details
    - i. organisation/community group name, address and website
    - ii. name, position and best contact details for 1 or 2 people in the organisation
  - b. Confirm in writing that you meet the eligibility requirements
  - c. Provide a written response to the Selection Criteria in this document (max 500 words total)

### **DEADLINE FOR APPLICATIONS: 20 SEPTEMBER 2020**

*For more information please contact MHCC ACT on the details in footnote number 2.*

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<sup>2</sup> Please contact MHCC ACT on [communications@mhccact.org.au](mailto:communications@mhccact.org.au) or 0483 212 844 if you wish to submit your application in a different way.