



## HEAD INJURIES

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We need to ensure that players who have suffered a possible concussion injury are identified and, if required, properly treated. The Canterbury Hockey Competition By-Laws state the following:

### Head Injuries

*Canterbury Hockey insist that any player that has received a head injury with suspected concussion, irrespective of whether the injury occurred while playing hockey, may only commence playing again when a medical certificate clearing the player of concussion has been supplied to the Canterbury Hockey office.*

To achieve a safe environment we will require the following steps in relation to head injuries on all Canterbury Hockey turfs:

- If a player is injured in the head the Umpires and/or Team Manager MUST require the player to stop playing and move to the dug-out.
- The Team Manager MUST require the player to obtain medical treatment, either immediately (at the turf if a medic is present) or as soon as practical.
- The Umpires must note the injury, and the player concerned, on the match card and advise the venue supervisor.
- The Venue Supervisor will complete an Accident/incident Reporting Form.
- The Canterbury Hockey office will record any injured players reported and advise the Club Secretary or School TIC of the player involved.
- The injured player will not be able to resume playing until a Doctors Certificate is provided to the Canterbury Hockey office. Canterbury Hockey will then advise the club/school that the player is now eligible to play.

We strongly recommend clubs and school provide face masks for use at penalty corners. In 2020 this is not compulsory but is recommended.

We strongly recommend that all players in any Canterbury Hockey competition wear appropriate protective equipment. This particularly refers to mouth guards and shin-pads, but also includes ensuring that all players including goalkeepers have well maintained kit, appropriate footwear and nothing that is likely to catch on the turf or another player and cause injury.

Please advise your playing community of our requirements for dealing with head injuries.