

Parent Connect Chirnside Park

Eight week group for Mums with
children newly diagnosed with Autism

EXPLORING DIAGNOSIS, CHANGE,
RELATIONSHIPS, EVERYDAY LIFE
CHALLENGES, STRENGTHS, BOUNDARIES,
SELF ESTEEM & SELF CARE

FRIDAY 3RD MAY
FRIDAY 10TH MAY
FRIDAY 17TH MAY
FRIDAY 24TH MAY
FRIDAY 31ST MAY
FRIDAY 7TH JUNE
FRIDAY 14TH JUNE
FRIDAY 21ST JUNE

TIME: 10AM-11:30AM @ SJI HUB,

15/286-288 MAROONDAH HWY CHIRNSIDE PARK

FACILITATED BY CHARLINDA PARSONS, OCCUPATIONAL THERAPIST

**To request an Expression of Interest form,
please email info@spectrumjourneys.org.au**

AS THIS IS A SERIES,
ATTENDANCE IS REQUIRED AT
ALL SESSIONS

THIS GROUP HAS
BEEN SUPPORTED
BY:

