



## Body Image and Cancer

Cancer and its treatment can impact physical appearance, as well as how the body works, often permanently. These changes can cause distress, leading to a loss in confidence and hyperawareness of how one's body looks. Accepting these changes can take time and can be an emotional process. Dr Charlotte Tottman will be joining us for this webinar to discuss managing body image through cancer, as well as strategies to cope with the changes happening in the body.

Charlotte is a clinical psychologist who works with cancer patients and their loved ones and carers at all stages of their cancer experience. Having gone through her own cancer experience, Charlotte understands the challenges associated with body image due to changes caused by a cancer diagnosis and treatment.

We invite you, your family, and friends to join this free online session from the comfort of your own homes and ask questions in the Q & A chat.

**Date:** 7 May 2021

**Event Time:** 2:30pm to 3:45pm

**Location:** Online webinar – join via your computer, tablet, or smartphone

**Topics and Speakers:**

- Body image challenges for women with a cancer experience – Dr Charlotte Tottman
- Cancer Council Queensland Support Services – Laura Oakley

**RSVP:** Please RSVP your attendance no later than 6 May 2021. To register, go to <https://event.webinarjam.com/channel/CancerCouncilQLD>

For further information, please call **13 11 20** or email [healthandcommunityrelationships@cancerqld.org.au](mailto:healthandcommunityrelationships@cancerqld.org.au)