

# TRAINING SCHEDULE – TERM 2, 2023

MORNING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Little Langlands (Chadwick Park)	Cross Country Years 5 – Open 6:45–8:00am  Football Year 5 6:45–8:00am	Rugby Year 6 6:45–8:00am	Cross Country Years 5 – Year 12 6:45–8:00am  Football Year 5 6:45–8:00am	Rugby Year 5 6:45–8:00am	Cross Country Years 5 – Year 12 6:45–8:00am
Whinstanes Oval	Football Year 5 6:45–8:00am		Football Year 5 6:45–8:00am		
East's Rugby League			Rugby 1 <sup>st</sup> XV 6:00–7:15am		
Goold Hall		Basketball Cubs 6:30–8:00am	Basketball Cubs 6:30–8:00am	Basketball Sabres 6:30–8:00am	Basketball Sabres 6:30–8:00am
AFTERNOON	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Little Langlands (Chadwick Park)	Football Year 6 3:15–4:30pm	Rugby Year 5 3:15–4:30pm	Football Year 6 3:15–4:30pm	Rugby Year 6 3:15–4:30pm	
Villanova Park <i>*Field allocations for Football &amp; Rugby on the next page.</i>	Football Year 7–Open 3:45–5:15pm	Rugby Year 7–Open 3:45–5:15pm	Football Year 7–Open 3:45–5:15pm	Rugby Year 7–Open 3:45–5:15pm	
Morningside Tennis Centre			Tennis Senior Program 6:00–7:30pm		
Goold Hall <i>*External</i>	1 <sup>st</sup> Basketball 5:00pm – 7:00pm		1 <sup>st</sup> Basketball 5:00pm – 7:00pm	*East's Volleyball 6:00pm – 9:00pm	1 <sup>st</sup> Basketball 3:15pm – 4.30pm

## Field allocations for Football and Rugby training Term 2, 2023.

### Football @ Villa Park, Monday and Wednesday:

- Field 1 – Opens
- Field 2 – 9C, 9D, 10C
- Field 3 – 9A, 9B
- Field 4 – 10A, 10B
- Field 5 – 1<sup>st</sup> XI & 2<sup>nd</sup> XI
- Field 6 – Year 7
- Field 7 – Year 8

### Rugby @ Villa Park, Tuesday and Thursday:

- Field 1 – 1<sup>st</sup> XV & 2<sup>nd</sup> XV
- Field 2 – Opens
- Field 3 – Year 8
- Field 4 – Year 7
- Field 5 – spare
- Field 6 – 10A, 9A
- Field 7 – 10B, 10C, 9B, 9C

